

Summer Lunch Menu



Week 1 16th April, 7th May, 4th June, 25th June, 16th July

Monday

Main

Beef Bolognaise

Vegetarian

Quorn Meatballs

Sides

Linguine
Steamed Broccoli
Sweetcorn

Dessert

Banana Crunch Muffins

Tuesday

Main

Chicken & Sweetcorn
Puff Pastry Pie

Vegetarian

Cheese & Bean Omelette

Sides

Diced Potatoes
Cauliflower
Garden Peas

Dessert

Fruity Crumble

Wednesday

Main

Chicken & Spring
Vegetable Casserole

Vegetarian

Macaroni Cheese

Sides

Roasted Potatoes
Spring Greens / Carrots

Dessert

Syrup Sponge
& Custard

Thursday

Main

Beef Stir Fry

Vegetarian

Quorn Cottage Pie

Sides

Wholegrain Rice
Carrots
Gardens Peas

Dessert

Eve's Pudding

Friday

Main

Cod Fish Fingers
or Beef Burger

Vegetarian

Quorn Nuggets

Sides

Chips
Mushy Peas
Baked Beans

Dessert

Chocolate Brownie

Available Daily

Jacket Potatoes

New Filling for 2018 Cheese &
Beans *as voted for by St Luke's*

Sandwich Choice

Self Help Salad

Self Help Bread

A variety of alternative Dessert Choices

Please contact a catering team member for Allergen details

Summer Lunch Menu



Week 2 23rd April, 14th May, 11th June, 2nd July

Monday

Main

Tomato & Chicken Pasta Bake

Vegetarian

Cheese & Tomato Pizza

Sides

Homemade Potato Wedges
or Couscous
Garden Peas
Sweetcorn

Dessert

Apple & Blackcurrant Crumble

Tuesday

Main

Chicken Tikka Curry

Vegetarian

Quorn Mince &
Vegetable Stir Fry

Sides

Wholegrain Rice
Cauliflower
Green Beans

Dessert

Chocolate
Banana Cake

Wednesday

Main

Meat & Potato Pie
with Shortcrust Pastry

Vegetarian

Quorn Sausage

Sides

Herby Diced Potatoes
Carrots
Spring Greens

Dessert

Oaty Fruit Crunch

Thursday

Main

Beef Lasagne

Vegetarian

Spring Vegetable & Butter Bean
Stew with Herby Dumplings

Sides

Mashed Potatoes
Garden Peas
Carrots

Dessert

Rolo Mousse

Friday

Main

Cod Fish Fingers or
4 Chicken Nuggets Meal

Vegetarian

Cheese Swirl

Sides

Chips
Mushy Peas
Baked Beans

Dessert

Fruity Muffin

Available Daily

Jacket Potatoes

New Filling for 2018 Cheese &
Beans *as voted for by St Luke's*

Sandwich Choice

Self Help Salad

Self Help Bread

A variety of
alternative
Dessert Choices

Please contact a catering team member for Allergen details

Summer Lunch Menu



Week 3 9th April, 30th April, 21st May, 18th June, 9th July

Monday

Main

Chicken Tikka Wrap

Vegetarian

Quorn Hot Dog

Sides

Noodle Salad
Sweetcorn
Coleslaw

Dessert

Mixed Fruit Crumble

Tuesday

Main

All Day Breakfast

Vegetarian

Vegetarian Breakfast

Sides

Hash Brown Nuggets
Baked Beans
Grilled Tomato Wedge

Dessert

Carrot Cake

Wednesday

Main

Roast Chicken

Vegetarian

Cheese Quiche

Sides

Roast Potatoes
Broccoli
Carrots

Dessert

Apple Jack

Thursday

Main

Cottage Pie

Vegetarian

Quorn & Spring Vegetable
Cottage Pie

Sides

Baby Jackets
Diced Carrots & Swede
Garden Peas

Dessert

Strawberry Mousse

Friday

Main

Salmon Fish Fingers
or Chicken Burger

Vegetarian

Spicy Lentil & Bean Burgers

Sides

Homemade Baked
Parsley Wedges
Wholemeal Pasta Salad

Dessert

Rice Krispie Cake

Available Daily

Jacket Potatoes

New Filling for 2018 Cheese &
Beans *as voted for by St Luke's*

Sandwich Choice

Self Help Salad

Self Help Bread

A variety of alternative Dessert Choices

Please contact a catering team member for Allergen details