

# CHOWBENT PRIMARY SCHOOL

## Lockerbie Manor 2020

Dear Parents, Carers

Following the success of this year's trip to Lockerbie Manor we will be offering current Y4 and Y5 pupils the opportunity to visit Lockerbie Manor, Scotland in October 2020.

The children and staff will be sleeping in glamping pods during their stay at Lockerbie Manor. I have made a provisional booking for next year from **Monday 12th October to Friday 16th October 2020**.

Lockerbie Manor is an accredited activity centre in Scotland with nationally qualified and experienced staff. Children will sample at least 16 of the activities listed below, so as you can see children will experience a wide range of outdoor activities during the five days of the visit.

Abseiling	Compass Work	Low Ropes Survival Skills	Fencing
Archery	Dragon Boating	Manor Olympics Swimming	High Ropes
Bivouac Building	Expedition Experience	Nature Trail	Team Games
Blind Trail	Hill Walk	Obstacle Course	Volleyball
Bridge Building	Initiative Exercises	Open Canoes and Kayaking	Windsurfing
Caving	Jacob's Ladder	Orienteering	Wide Games
Climbing	Katakanuing	Raft Building	Zip Wire
Crate Stacking	Lake Challenge	Scavenger Hunt	

The centre can accommodate a maximum of 48 children. All specialist clothing/equipment is provided by the centre, and the cost of the five day trip is **£325** which includes accommodation, transport and insurance. Places are limited and will be allocated on a first come first served basis. Children must show exceptional behaviour through the school year to ensure they will be able to attend. Please be aware that if you have an existing debt with the school, this must be cleared before your child's place can be reserved.

The provisional booking will be held for 28 days pending receipt of a £55 non-returnable deposit for each child to be paid through Lunchshop by **Friday 6th December**. If the school cancels the trip for any reason your deposit will be returned. Please note that deposits can be paid by instalments. Once the deposit is paid your child will be guaranteed a place on the trip. This year we have to have the minimum amount of children which is 20. If we do not have 20 children on the trip then we will unfortunately have to cancel.

**Parents must make regular monthly instalments through Lunch Shop as follows. Please be aware that it is your responsibility to make these instalments, the school will not remind you when your payments are due:**

<b>Deposit 6<sup>th</sup> Dec £55.00</b>
<b>Instalment 24th Jan £47.00</b>
<b>Instalment 14th Feb £47.00</b>
<b>Instalment 28th March £47.00</b>
<b>Instalment 25th April £47.00</b>
<b>Instalment 23rd May £47.00</b>
<b>Instalment 27nd June £35.00</b>

During the trip we like to take pictures of the pupils taking part in the various activities. As and when we can we will try to upload these onto Facebook so you can see your child/ren having fun (if we can get a signal whilst we are away). Also we like to display the photos in school when we return and we also use some pictures to promote the school e.g. school website, prospectus etc. Please note children are never named on social media sites or in promotional materials that go outside of school. If you are **NOT** happy about your child's photo being used in this way, you must put this in writing and hand it into the school office.

# **COURSE BENEFITS**

## *Residential Outdoor Pursuits*

### **EDUCATION OUTSIDE THE CLASSROOM**

Manor Adventure helps to provide life skills by providing challenging, rewarding and stimulating courses. Over the years, pupils attending our outdoor pursuits courses have benefited from the following life skills:

### **INNER CONFIDENCE AND PERSONAL ACHIEVEMENT**

Our aim is for each child to grow six inches in confidence before they leave our centre!! Children are challenged with new and different tasks, but with the skill of the instructors and with the support of their school friends, find they are capable of achieving much more than they thought. Our outdoor pursuits courses are designed to challenge children in such a way that each goal is achievable regardless of the ability of each individual. By completing perceived difficult outdoor pursuits, each child develops self confidence, a positive attitude to new challenges, and becomes more respected by their school colleagues. Over their stay at Manor Adventure the self-esteem of each child grows and grows.

### **LISTENING & COMMUNICATION SKILLS**

Many of the activities which take place at Manor Adventure require children to listen carefully to instructions and to communicate with their colleagues. In many cases, children have to justify their reasoning to their peers.

### **SOCIAL SKILLS**

By being taken out of their comfort zone and having to do new activities and tasks participants quickly learn to respect their instructors and peers. Children live, sleep, eat and do activities together, which is especially important in developing social skills.

## **TEAM BUILDING**

Our personal development course teaches children how to work together and reiterates how much more can be achieved as a member of a team. We help build positive relationships within the school group and between the teachers and their pupils. Many schools use Manor Adventure to develop team bonding, especially at the start of the academic year.

## **DEVELOP NEW SKILLS**

The great benefits that outdoor pursuits bring is that they are fun and very different to what takes place at home or at school. Each child develops new skills which may lead to an interest in the future. Children learn that sports do differ from just the team sports taught in schools such as football, rugby, hockey, netball and cricket. Children who lack the necessary coordination in ball sports often excel at other activities once they have been given the opportunity. Life and education is about giving children the opportunity to find their forte and fulfil their potential.

## **LEADERSHIP SKILLS**

Our courses help develop leadership skills in all children, not just the more confident child.

## **PROBLEM SOLVING**

The activities and challenges are fun and different. Everybody learns more when they enjoy doing the tasks. An important part of our courses is problem solving, which under the guidance of our excellent instructors; challenges, motivates and tests each group. We make children think from a completely different perspective than is required in the classroom.

## **RESPONSIBILITY**

Children are given a certain amount of individual responsibility such as organising themselves to meet at the right times for activity sessions and mealtimes. (One of the main reasons Manor Adventure does not employ "Groupies".) Children also develop team responsibility - learning that they form an important part of a team and that their contribution matters.

## **ACCOMMODATION**

Manor Adventure probably offers the highest standard available in the school market. All our children's bedrooms are en suite (with the exception of one bedroom in Shropshire). All our dormitories, bathrooms and teachers' rooms are refurbished on a regular basis.

## **DIRECTORS ON SITE**

Our directors are based on site to assist our centre management teams if needed. Also, by being hands-on, the directors benefit from an awareness of the continual changes being placed on Party Leaders.

## **SPECIAL NEEDS**

Manor Adventure in Shropshire caters for a number of Special Needs children/schools each year. In 2005 Valley View, a specially adapted accommodation block, was completed for wheelchair guests. The requirements of each school are unique, so it is highly recommended that Party Leaders visit our centre to discuss the suitability of our infrastructure and the type of course we can offer.

## **TEACHER BENEFITS**

From a teaching point of view, our courses allow teachers to see their pupils in a different light and to monitor how each child copes in a different environment. It provides an opportunity to really get to know their pupils better, and possibly help find aspects which may help motivate certain individuals on their return to the classroom.

## **TEACHER SUPPORT**

It is crucial that teachers are well supported by our Centre Staff, who are always on hand to help and provide assistance 24 hours per day throughout the school's stay. We also believe that good quality accommodation is important for teachers who are giving up their free time for the benefit of their pupils.

Additionally, we look after the children on all on site activities, giving teachers the freedom to do some of their own tasks during session time or see how other groups with their school are getting on.

## **MANAGING RISK**

Children learn about assessing and managing risk under the guidance of the Manor Adventure instructors.

## **MOTIVATION**

Many of our schools find that children return to school highly motivated by their experiences at Manor Adventure. Whilst at our centres each child is challenged, stretched and encouraged to achieve whilst in a safe caring environment which contributes to their personal and academic growth.