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RE: Warn and Inform Letter Year 4 Class Only

Dear Parent/Carer

We have been made aware of a Covid-19 case in Year 4.

In line with the national guidance, children aged under 18 years are no longer required to self-isolate if they are a close contact of someone who has tested positive for COVID-19. Your child and other members of your household can continue normal activities provided your child does not develop symptoms. **People who have been in contact with someone who has tested positive with COVID-19 are advised to take a LFT every day for 7 days, or until 10 days since your last contact with the person who tested positive for COVID-19 if this is earlier. Please take the LFT before leaving the house in the morning. Children under 5 are not required to take part in the daily testing. If your child develops any symptoms you should book a PCR test even if the LFT is negative.**

LFT can be ordered here

[Order coronavirus \(COVID-19\) rapid lateral flow tests - GOV.UK \(www.gov.uk\)](https://www.gov.uk/guidance/coronavirus-covid-19-rapid-lateral-flow-tests)

What to do if your child develops symptoms of COVID-19

If your child develops symptoms of COVID-19, they must isolate and you should arrange a PCR test for your child via: <https://www.gov.uk/guidance/coronavirus-covid-19-getting-tested> or by calling 119. If the test result is positive, your child will be required to self-isolate for a period of up to 10 days from the day that their symptoms started. **Please inform us if your child has a positive test result.** On day 6 and 7 of isolation a LFT can be taken. If this comes back negative on both day 6 and 7 and the child is well the child's isolation can stop. If your child's PCR test result is negative, they can continue with their normal activities if they are well enough to do so.

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- New continuous cough and/or;
- High temperature and/or;
- A loss of, or change in, normal sense of taste or smell (anosmia).

However, sometimes, individuals may present with a wider range of symptoms. If you or your child feel newly unwell with Covid-19 symptoms, then we would advise you to access a PCR test in order to rule out the presence of COVID. For many people, coronavirus (COVID-19) will be a mild illness.





How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting COVID-19:

- Wash your hands with soap and water often – do this for at least 20 seconds; • use hand sanitiser gel if soap and water are not available;
- Wash your hands as soon as you get home;
- Cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze;
- Allow ventilation in the house through opening windows;
- Put used tissues in the bin immediately and wash your hands afterwards.

Test and Trace Support Payments If a person is asked to self-isolate by NHS Test and Trace and is on a low income, unable to work from home and will lose income as a result, they may be entitled to a payment of £500 from their local authority under the Test and Trace Support Payment scheme.

This now applies to parents/ carers who cannot work from home and will lose income by self-isolating or staying at home to care for the child. Further details are available via:

<https://www.gov.uk/test-and-trace-support-payment>

Further information is available at:

<https://www.nhs.uk/conditions/coronavirus-covid-19/>.

To clarify, children should not attend school if they have any Covid symptoms, even if they have had a LFT which is negative. A PCR test is required and the child should isolate.

Yours Sincerely,

Mr J.Randle
Headteacher

